



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Benguet
Wangal, La Trinidad, Benguet

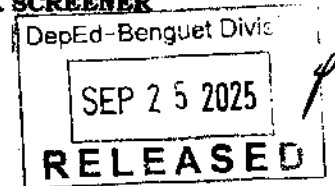
24 September 2025

DIVISION MEMORANDUM

No. 416 s. 2025

**ORIENTATION-WORKSHOP ON THE DEVELOPMENT OF SCHOOL HEALTH AND WELLNESS
REFERRAL PLANS CUM ORIENTATION ON CHILDREN AND ADOLESCENTS RISK SCREENER
(CARS)**

To: School Governance and Operations Division
Public Schools Division Supervisors /In-Charge
School Heads of Public Elementary and Secondary Schools
All Others Concerned



1. The Schools Division Office of Benguet will conduct an ***Orientation-Workshop on the Development of School Health and Wellness Referral Plans cum Children and Adolescents Risk Screener (CARS) Orientation*** on **October 6-7, 2025**, at **Calajo Restaurant, Km. 6, La Trinidad, Benguet**.
2. The activity aims to:
 - a) To improve the delivery of child and adolescent health services in schools.
 - b) To increase the knowledge and skills of non-teaching personnel in handling and referring child and adolescent health concerns.
 - c) To establish links from schools to municipality-/city-/province wide health systems.
3. The list of participants and schedule is enclosed with this memorandum for your reference.
4. Meals, snacks, and venue shall be chargeable against LSP Funds. At the same time, travel and incidental expenses shall be chargeable against local funds, subject to the usual accounting and auditing rules and regulations.
5. This memorandum shall serve as ***authority to travel on official business*** to all identified participants.
6. For guidance and immediate dissemination.

Digitally signed by ESTELA
P. LEON-CARINO EdD,
CESO III
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ESTELA P. LEON-CARINO EdD, CESO III
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Office of the Schools Division Superintendent



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Enclosure 1. List of Participants

Batch 1- October 6, 2025		
GUIDANCE ASSOCIATES		
Name	School Assignment	District
1. Karissa Kay P. Mani-an	Franklin Guy Haight National High School	Atok
2. Laxmi A. Diclas	Daklan National High School	Bokod
3. Krizyl Joy A. Pawil	Bad-ayan Integrated School	Buguias
4. Bernadith C. Antonio	Bangao National High School	Buguias
5. Judiza B. Mangude	Bangao National High School	Buguias
6. Nelly Ann N. Balantin	Loo National High School	Buguias
7. Ericka S. Linglingen	Natublung National High School	Buguias
8. Alpha Christina C. Legaspi	Alejo M. Pacalso Memorial National High School	Itogon I
9. Kurt B. Capsula	Binga National High School	Itogon I
10. Yillah T. Segundo	Gumatdang Integrated School	Itogon I
11. Cadkin Arice B. Dulag	Loacan National High School	Itogon I
12. Raye Ann B. Cario	Laurencio Fianza National High School	Itogon II
13. Harriet C. Basta	Kamora National High School	Kabayan
14. Charity Rose L. Aban	Gov. Bado Dangwa Agro-Industrial School (GBDAIS)	Kapangan
15. Melody T. Galonza	Gov. Bado Dangwa Agro-Industrial School (GBDAIS)	Kapangan
16. Nancy F. Cuplang	Kapangan National High School	Kapangan
17. Joey P. Layogan	Kibungan National High School	Kibungan
18. Louraine B. Balanban	Alno National High School	La Trinidad
19. Evelyn T. Meloy	Ambiong National High School	La Trinidad
20. Ira S. Angadol	Benguet National High School	La Trinidad
21. Jeiel Faith D. Coga-ay	Benguet National High School	La Trinidad
22. Rafaela Veronica C. Tabadero	Benguet National High School	La Trinidad
23. Lyzerie Maegan G. Collado	Benguet National High School	La Trinidad
24. Marjorie N. Lomerez	Benguet National High School	La Trinidad
25. Sherry Mae S. Siadto	Benguet National High School	La Trinidad
26. Sunshine L. Amponget	Benguet National High School	La Trinidad
27. May-ann D. Moyamoy	Eastern La Trinidad National High School	La Trinidad
28. Lalyn C. Padina	La Trinidad National High School	La Trinidad
29. Yessamin C. Angel	La Trinidad National High School	La Trinidad
30. Sandrine C. Laguiewed	Guinaoang National High School	Mankayan
31. Valerie C. Subang	Guinaoang National High School	Mankayan
32. Joevie Hannah N. Morales	Lepanto National High School	Mankayan
33. Odesa L. Bataclao	Lepanto National High School	Mankayan
34. Mylene M. Rosendo	Mankayan National High School	Mankayan
35. Emily T. Sacnit	Tabio National High School	Mankayan
36. Jessa Tyrene E. Gapasin	Sablan National High School	Sablan



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37. Mariah Yvon A. Noog	Sablan National High School	Sablan
38. Sinamar S. Catalino	Taloy Sur National High School	Tuba
39. Irish Joy B. Tad-awan	Tuba Central National High School	Tuba
40. Aileen Mae R. Caluza	Tuba National High School	Tuba
41. Trisha M. Domingo	Tublay School of Home Industries	Tublay
GUIDANCE COUNSELORS		
42. Estefany D. Lesino	Atok National High School	Atok
43. Joan Hertimia B. Wagang	Ampusongan National High School	Bakun
44. Catalina C. Baltazar	Alejo M. Pacalso Memorial National High School	Itogon I
45. Rolando F. Malafu	Cordillera Regional Science High School	La Trinidad
46. Brenda M. Matias	Benguet National High School	La Trinidad
47. Jeshanah B. Salda	Benguet National High School	La Trinidad
48. Tina C. Dolnagon	La Trinidad National High School	La Trinidad
49. Randolph M. Ananayo	Eastern La Trinidad National High School	La Trinidad
50. Vivian P. Legaspi	Alno National High School	La Trinidad
NURSES		
51. Japhet Denver K. Fagyan	Alejo M. Pacalso Memorial National High School	Itogon I
52. Zhimar F. Garriga	Marivic Elementary School	Mankayan
SDO		
53. Lucio B. Alawas	SGOD CES	
54. Joven B. Agtani	EPS/II-SMME/Inspectorate	
55. Mikee Laine A. Decaran	MO/II-SHNU/Inspectorate	
56. Roselle Kristine D. Wagus	Nurse II-SHNU/Inspectorate	
57. Murphy K. Liswid	PDO I-YFS	
58. Jenny T. Bacquian	PDO I-YFS	
59. Yvette B. Abance	Admin Support-SHNU/Inspectorate	
60. Jeanette L. Battateng	Admin Support-SHNU/Inspectorate	

Batch 2- October 7, 2025		
NURSES		
Name	School Assignment	District
1. Nimia Concepcion B. Meris	Atok National High School	Atok
2. Sylvester C. Tan	Celo Haight Elementary School	Atok
3. Estrella C. Guzman	Ampusongan Elementary School	Bakun
4. Ricarda S. Gu	Ampusongan National High School	Bakun
5. Jennifer S. Fernandez	Bakun National High School	Bakun
6. Reina Gaea B. Duyao	Bokod Central School	Bokod
7. Jeremie B. Teofilo	Bokod National High School	Bokod
8. Carol C. Igualdo	Loo National High School	Buguias
9. Johnny M. Compelio	Buguias National High School	Buguias
10. Genevieve P. Bastian	Sinipsip National High School	Buguias
11. Lorna M. Diwas	Tuding Elementary School	Itogon I
12. Japhet Denver K. Fagyan	Alejo M. Pacalso Memorial National High School	Itogon I
13. Liza P. Dimbanan	Binga National High School	Itogon I
14. Fe Belen D. Acbayaan	Virac Integrated School	Itogon II



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15. Dolores D. Akilith	Laurencio Fianza Memorial National High School	Itoyon II
16. Teresita M. Colas	Kabayan Barrio Elementary School	Kabayan
17. Normelyn M. Suaya	Kamora National High School	Kabayan
18. Saturnino S. Calasan	Lomon Elementary School	Kapangan
19. Juliet C. Kito	GBDAIS	Kapangan
20. Zareen B. Binay-an	Kapangan National High School	Kapangan
21. Lorraine K. Agayo	Kibungan Central School	Kibungan
22. Rachel L. Baliqued	Kibungan National High School	Kibungan
23. Gergenzon B. Delfin	Madaymen National High School	Kibungan
24. Robert Jay C. Namoro	La Trinidad Central School	La Trinidad
25. Shelby G. Sangao	Buyagan Elementary School	La Trinidad
26. Ma. Victoria A. Marzan	Tacdian Elementary School	La Trinidad
27. Cherelyn D. Menis	Cordillera Regional Science High School	La Trinidad
28. Rose Virginie D. Killip	La Trinidad National High School	La Trinidad
29. Mila S. Paciteng	Mankayan Central School	Mankayan
30. Roselle R. Kidkid	Mankayan National High School	Mankayan
31. Joyce T. Cayamdas	Lepanto National High School	Mankayan
32. Araceli G. Advincula	Guinaoang National High School	Mankayan
33. Lloyd M. Tabdi	Sablan Central School	Sablan
34. Alfarita L. Tagle	Sablan National High School	Sablan
35. Ma. Cathleah A. Pulig	Tuba Central School	Tuba
36. Florence F. Gam-ad	Tuba National High School	Tuba
37. Karren S. Gaqui	Evelio Javier Memorial National High School	Tuba
38. Mae Fatima C. Cobaldez	Paoad Elementary School	Tublay
39. Brenda T. Oidi	Tublay School of Home Industries	Tublay
SDO		
40. Joven B. Agtani	EPSpII-SMME/Inspectorate	
41. Mikee Laine A. Decaran	MOII-SHNU/Inspectorate	
42. Roselle Kristine D. Waguiz	Nurse II-SHNU/Inspectorate	
43. Brenda M. Matias	Guidance Counselor/Trainer	
44. Yvette B. Abance	Admin Support-SHNU/Inspectorate	
45. Jeanette L. Battateng	Admin Support-SHNU/Inspectorate	